

Setting COMFORT targets

COMFORT Original Score 0-40

>26

FLACCS < 4
Issue is SEDATION
 Consider increasing/ adapting Sedation

COMFORT score too high. Complete FLACCS pain score to differentiate source of high score. Modify sedation and/or analgesia as recommended.

FLACCS > 4
Issue is PAIN
 Consider increasing/ adapting analgesia

18-25

FLACCS < 4
Patient is comfortable

Optimal level of sedation for patients to breath up, cough spontaneously, respond to environment but not distressed / agitated / pulling lines or tubes etc

14-17

FLACCS < 4
Consider Weaning Sedation

Moderately suppressed reflexes- Slightly more sedate, less response to environment/stimuli but continues to trigger vent & cough to stimulation eg. Bronchiolitics

< 13

Patient is **OVER SEDATED**
 Wean Sedation

Very heavily sedated- not likely to trigger vent or cough spontaneously. Not responsive to environment or stimuli eg. Traumatic brain injury, ECHMO

SBT METHOD.

Spontaneous mode of ventilation
 PEEP of **5cm** H₂O & Pressure Support of **5cm** H₂O above PEEP